
**ALL-PURPOSE LIGHTWEIGHT INDIVIDUAL
CARRYING EQUIPMENT
(ALICE)**



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INTRODUCTION

Your carrying system was designed so that you can carry equipment needed for various field conditions. You will have two types of loads to carry:

FIGHTING LOAD (see Figure 1a)

EXISTENCE LOAD (see Figure 1b)



Figure 1a. Fighting Load



Figure 1b. Existence Load

The equipment you will carry for each load will vary according to the intended mission. The fighting load includes only those items essential for accomplishing the combat mission at hand. The existence load includes the additional items you will need to exist in the field.

Most of the time, existence load items will be brought up to you on some form of transportation but in many cases you will have to man-pack the existence load with such items as extra ammo, water, rations, clothing, and sleeping gear. In addition, special loads such as radios, crew-served weapons, gasoline, etc., will also have to be man-packed by you.

Normally, you will carry the existence load in the "medium" pack. In cases where you will have to carry larger loads, a "large" pack is furnished.

You can use your load carrying system in all environments — hot or temperate, and in cold-wet or cold-dry Arctic regions.

Carrying your equipment is a hard enough job in itself, but to carry it wrong makes the job just that much more difficult. Since most of us like to do things the easiest and best way, this instruction manual was written to help you do just that — carry your equipment in the easiest and best way.

Everything you have to carry has its place in, or is attached to, your carrying equipment. The most important items are the most easily reached.

KNOW YOUR EQUIPMENT WELL!

ASSEMBLE YOUR EQUIPMENT CORRECTLY!

KEEP EVERY ITEM IN ITS PROPER PLACE!

— and **DO NOT** make the mistake of the soldier who makes a pack mule of himself with all kinds of unnecessary items of clothing, food, equipment, knick knacks, and whatever.



YOUR INDIVIDUAL FIGHTING LOAD CARRIERS

Your fighting load equipment is made up of the following items (See Figure 2):

- ① 1 each Belt, Individual Equipment (size – Medium or Large)
- ② 2 each Case, Small Arms Ammunition (30-Rd Mag)
- ③ 1 each Suspenders, Belt, Individual Equipment
- ④ 1 each Carrier, Intrenching Tool, Plastic
- ⑤ 1 each Cover, Canteen (1 Quart)
- ⑥ 1 each Case, Field First Aid Dressing/Unmounted Magnetic Compass

This instruction manual describes and illustrates the latest standard carriers. However, any of the following M-56 components can be used together with the new items until supplies are exhausted.

Belt, Individual Equipment

Suspenders, Belt, Individual Equipment

Case, Ammunition (20-Rd Mag, M-14)

Case, Ammunition (20-Rd Mag, M-16)

Case, First Aid/Compass

Cover, Canteen

Carrier, Intrenching Tool (for use with wooden handle intrenching tool only)

Pack, Combat

Illustrations are shown where attachment of the older equipment is different.

NOTE: *The new Lightweight Pack Frame, Shoulder Straps and Medium and Large Packs are not interchangeable with any components of the Tropical Rucksack or the Lightweight Rucksack with Frame. Either of these Rucksacks, however, may be worn together with the new fighting load carriers.*

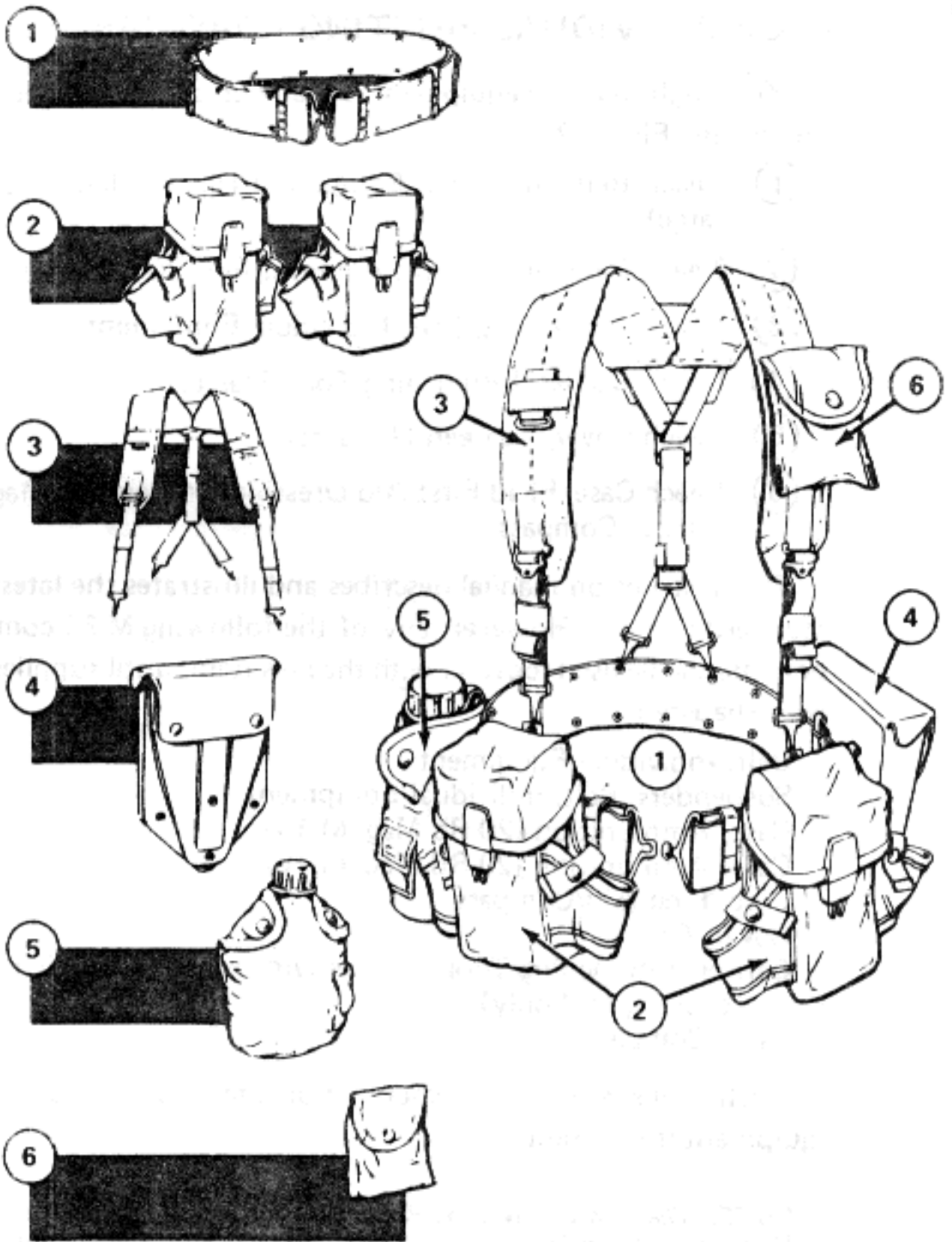


Figure 2. Fighting Load Carriers

ASSEMBLING YOUR FIGHTING LOAD CARRIERS

ADJUSTING YOUR EQUIPMENT BELT (Figure 3)

First, try on the belt for size. It should be comfortably snug – not tight. To adjust the belt so that it will fit:

- ① Push the two metal keepers between the adjusting clamp and the belt buckle towards the buckle.
- ② Unlock the adjusting clamp by spreading the looped webbing apart.
- ③ Slide the clamp towards the belt buckle to loosen or away from the buckle to tighten.
- ④ Squeeze the adjusting clamp to lock it in place.
- ⑤ Move the metal keepers so that one is next to the adjusting clamp and the other is next to the buckle.
- ⑥ Adjust the other end of the belt the same way. Both clamps should be about the same distance from the buckle.

Your belt is now ready for attaching the equipment onto it.